

My name is **Anđela Milošević** (1999), I am a doctoral student in psychology at the Faculty of Philosophy, University of Belgrade. Before enrolling at the doctoral studies, I completed BA and MA degree at the same department. My doctoral thesis, as well as the field of interest already some years back, concern the regulation of emotions and mood by listening to music, with a specific reference to the adolescent age group. Music is all around us, so if we could use it for something useful in everyday life, why not regulate emotions? And they are, after all, everywhere - in us. (3) In addition to this,

I am more interested in the entire field of developmental psychology. In the past, I also dealt with risky behaviors of adolescents. Through the Institute of Psychology projects, where I was a collaborator, I also became familiar with early interventions, supportive parenting, monitoring the effects of the COVID-19 pandemic -19 on the education system in Serbia, and the project on peer dialogue and cooperation - PEERSolvers. I have experience in numerous oral presentations at scientific meetings and one announcement published in the Proceedings of Psychology and Music – Interdisciplinary Encounters Belgrade 2022 international scientific conference. I was a member of the Organizing Committee of the Empirical Research in Psychology conference, 2022-2023. In addition to my research interests, psychotherapy is also a narrower area of my interest, so I am in training to become a Transactional Analyst.

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