



**Katarina Habe** (PhD) is an assistant professor of psychology in the department of music education at the University of Ljubljana, Slovenia. Because of her musical and psychological professional background (she gained PhD in psychology and also finished Classical Music Conservatory in Ljubljana), in her research work in the field of psychology of music, she is successfully integrating the analytical approach of a psychologist and the intuitive holistic mind of a musician. In her PhD thesis, she investigated the influence of music on

cognitive functioning, oriented on the Mozart effect. She is regularly collaborating with the National Education Institute Slovenia, with the Knoll Institute for Music Therapy and Faculty of Arts and Faculty of Education and Faculty of Arts at the University of Maribor. Katarina also conducts workshops “The beneficial effects of music on holistic development in children” and “From stage fright to flow in music performance.” Lately, she orients her research endeavors towards exploring beneficial effects of music through music therapy on the one hand, and through music education, on the other hand, in people with special needs. Her articles have appeared in a number of journals, including *Frontiers in psychology*, *Brain topography*, *International journal of psychophysiology*.

<https://www.ag.uni-lj.si/>

email: katarina.habe@ag.uni-lj.si